

COMMUNION

Reflect

Read Luke 22:14-20 & 1 Corinthians 11:23-29

Pray

Spend some time praying with thanksgiving for what Jesus has done on the cross for you.

Take

Take the bread, Christ's body broken for you and eat it. Take the juice, Christ's blood shed for you and drink it.

Celebrate

Whether personally, silently, or with family and friends, celebrate the life that you have in Jesus!

